



# MENU GUIDANCE

## FOR GUESTS WITH FOOD ALLERGIES

This information is applicable as of 4/20/21

## AN IMPORTANT NOTE TO OUR GUESTS

Whether you're craving a traditional breakfast, fresh salad or homestyle favorite, we like to think there's something for everyone at Cracker Barrel Old Country Store®. Knowing that some of our guests may have specific dietary needs, we've crafted a variety of dishes to make sure that everyone at the table can enjoy a delicious meal that's right for them.

The information provided in this guide is based upon ingredient statements provided to us by our suppliers and highlights which menu items are prepared without allergen containing ingredients. Our normal kitchen operations involve shared preparation and cooking areas, including common fryer oil; therefore, cross-contact of all our menu items is possible. We have identified menu items cooked in our fryer or on our grill that may come in contact with **ALL** allergens and are marked with a "Y." **Fried and Grilled items should NOT be consumed if you have a food allergy. We cannot guarantee that the menu items listed are completely free of allergens.** Regarding gluten, menu items that do not contain gluten does not necessarily meet the definition of "gluten-free" for those who are highly sensitive. **We recommend our guests with food allergies speak with the restaurant manager prior to placing an order, to make the kitchen aware of your needs.**



## Table of Contents

| <b>Breakfast</b>         |   | <b>Lunch n' Dinner</b>      |   |
|--------------------------|---|-----------------------------|---|
| Traditional Favorites    | 1 | Southern Suppers            | 4 |
| Pancakes n' Such         | 1 | Vegetables n' Sides         | 4 |
| Sunrise Specials         | 1 | Weekday Lunch Features      | 5 |
| Kids' Breakfast Menu     | 2 | Country Salads              | 5 |
| Southwest Specialties    | 2 | Sandwich n' Burger Platters | 5 |
| Breakfast Side Plates    | 2 | Salad Dressings             | 6 |
| Sweet Toppings           | 2 | Hot Soups                   | 6 |
|                          |   | Kid's Lunch/Dinner Menu     | 6 |
| <b>Lunch n' Dinner</b>   |   | <b>Beverages</b>            |   |
| Daily Dinner Features    | 3 | <b>Desserts</b>             |   |
| Barrel Bites             | 3 |                             | 7 |
| Cracker Barrel Favorites | 3 |                             |   |
| Signature Fried Chicken  | 3 |                             |   |
| Home Cooked Classics     | 4 |                             |   |

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| Breakfast Menu   |                     |         |                  |      |      |        |           |     |           |       |        |
|--|---------------------|---------|------------------|------|------|--------|-----------|-----|-----------|-------|--------|
| Y - potential risk of cross-contact to all allergens due to cooking method<br>X - Menu item contains specific allergen | Preparation         |         | Common Allergies |      |      |        |           |     |           |       |        |
|  | Fried (Soybean Oil) | Grilled | Egg              | Fish | Milk | Peanut | Shellfish | Soy | Tree Nuts | Wheat | Gluten |
| <b>Traditional Favorites</b>   |                     |         |                  |      |      |        |           |     |           |       |        |
| Two Farm Fresh Eggs  |                     | Y       | X                |      |      |        |           | X   |           |       |        |
| Egg Whites   |                     | Y       | X                |      |      |        |           | X   |           |       |        |
| Coarse Ground Grits  |                     |         |                  |      |      |        |           | X   |           |       |        |
| <b>Meat Choices</b>  |                     |         |                  |      |      |        |           |     |           |       |        |
| Thick-sliced Bacon   |                     | Y       |                  |      |      |        |           |     |           |       |        |
| Smoked Sausage Patties   |                     | Y       |                  |      |      |        |           |     |           |       |        |
| Turkey Sausage Patties   |                     | Y       |                  |      |      |        |           | X   |           |       |        |
| Country Fried Steak (plain)*   | Y                   |         | X                |      | X    |        |           |     |           | X     | X      |
| *with Sawmill Gravy  |                     |         |                  |      | X    |        |           | X   |           | X     | X      |
| Sirloin Steak (seasoned with garlic butter)  |                     | Y       |                  |      | X    |        |           | X   |           | X     | X      |
| Hickory-Smoked Country Ham   |                     | Y       |                  |      |      |        |           |     |           |       |        |
| Sugar Cured Ham  |                     | Y       |                  |      |      |        |           | X   |           |       |        |
| 8 oz. Hamburger Steak (seasoned with garlic butter)  |                     | Y       |                  |      | X    |        |           | X   |           | X     | X      |
| Hand-breaded Fried Chicken Tenders   | Y                   |         | X                |      | X    |        |           | X   |           | X     | X      |
| U.S. Catfish Fillet (grilled)  |                     | Y       |                  | X    |      |        |           | X   |           |       |        |
| U.S. Catfish Fillet (fried)  | Y                   |         |                  | X    |      |        |           |     |           |       |        |
| Bacon n' Egg Hashbrown Casserole   |                     | Y       | X                |      | X    |        |           | X   |           | X     | X      |
| Sausage Links (regional)   |                     | Y       |                  |      | X    |        |           | X   |           |       |        |
| Southwest Sausage (regional)   |                     | Y       |                  |      |      |        |           | X   |           |       |        |
| <b>All the Fixins</b>  |                     |         |                  |      |      |        |           |     |           |       |        |
| Buttermilk Biscuits  |                     |         |                  |      | X    |        |           | X   |           | X     | X      |
| Sawmill Gravy  |                     |         |                  |      | X    |        |           | X   |           | X     | X      |
| Butter Cups  |                     |         |                  |      | X    |        |           |     |           |       |        |
| <b>Pancakes n' Such (does not include butter, syrup, fruit topping)</b>  |                     |         |                  |      |      |        |           |     |           |       |        |
| Buttermilk Pancakes  |                     | Y       | X                |      | X    |        |           | X   |           | X     | X      |
| Pecan Pancakes <i>with pecans</i>  |                     | Y       | X                |      | X    |        |           | X   | X         | X     | X      |
| Wild Maine Blueberry Pancakes  |                     | Y       | X                |      | X    |        |           | X   |           | X     | X      |
| French Toast   |                     | Y       | X                |      |      |        |           | X   |           | X     | X      |
| Eggs-in-the-basket   |                     | Y       | X                |      |      |        |           | X   |           | X     | X      |
| <b>Sunrise Specials</b>  |                     |         |                  |      |      |        |           |     |           |       |        |
| Egg Sandwich (with Sourdough Bread and Duke's Mayonnaise)  |                     | Y       | X                |      |      |        |           | X   |           | X     | X      |
| One Egg n' Bacon or Sausage (see menu items for allergen information)  |                     | Y       |                  |      |      |        |           |     |           |       |        |
| Meat Biscuits n' Hashbrown Casserole or Fried Apples (see menu items for allergen information)                         |                     | Y       |                  |      |      |        |           |     |           |       |        |
| Biscuits n' Gravy  |                     |         |                  |      | X    |        |           | X   |           | X     | X      |

Our normal kitchen operations involve shared preparation and cooking areas, including common fryer oil; therefore, cross-contact of all our menu items is possible.

| <b>Y - potential risk of cross-contact to all allergens due to cooking method</b> | <b>Preparation</b>         |                | <b>Common Allergies</b> |             |             |               |                  |            |                  |              |               |
|---|----------------------------|----------------|-------------------------|-------------|-------------|---------------|------------------|------------|------------------|--------------|---------------|
|   | <b>Fried (Soybean Oil)</b> | <b>Grilled</b> | <b>Egg</b>              | <b>Fish</b> | <b>Milk</b> | <b>Peanut</b> | <b>Shellfish</b> | <b>Soy</b> | <b>Tree Nuts</b> | <b>Wheat</b> | <b>Gluten</b> |
| <b>X - Menu item contains specific allergen</b>                                   |                            |                |                         |             |             |               |                  |            |                  |              |               |
| <b>Kid's Breakfast Menu</b>   |                            |                |                         |             |             |               |                  |            |                  |              |               |
| Mini Confetti Pancakes (without butter)   |                            | Y              | X                       |             | X           |               |                  | X          |                  | X            | X             |
| Mini Buttermilk Pancakes (without butter)   |                            | Y              | X                       |             | X           |               |                  | X          |                  | X            | X             |
| Egg n' Biscuit  |                            | Y              | X                       |             | X           |               |                  | X          |                  | X            | X             |
| Biscuit Breakfast Sandwich (see menu items for allergen information)              |                            |                |                         |             |             |               |                  |            |                  |              |               |
| Tater Rounds  | Y                          |                |                         |             |             |               |                  |            |                  |              |               |
| Kid's Milk Straw  |                            |                |                         |             |             |               |                  |            |                  |              |               |
| <b>Southwest Specialties (Regional)</b>   |                            |                |                         |             |             |               |                  |            |                  |              |               |
| Southwestern Scramble   |                            | Y              | X                       |             | X           |               |                  | X          |                  | X            | X             |
| <b>Breakfast Side Plates</b>  |                            |                |                         |             |             |               |                  |            |                  |              |               |
| Thick-sliced Bacon  |                            | Y              |                         |             |             |               |                  |            |                  |              |               |
| Smoked Sausage Patties  |                            | Y              |                         |             |             |               |                  |            |                  |              |               |
| Turkey Sausage Patties  |                            | Y              |                         |             |             |               |                  | X          |                  |              |               |
| Sausage Links (regional)  |                            | Y              |                         |             | X           |               |                  | X          |                  |              |               |
| Southwest Sausage (regional)  |                            | Y              |                         |             |             |               |                  | X          |                  |              |               |
| Hickory-Smoked Country Ham  |                            | Y              |                         |             |             |               |                  |            |                  |              |               |
| Sugar Cured Ham   |                            | Y              |                         |             |             |               |                  | X          |                  |              |               |
| Biscuits n' Gravy   |                            |                |                         |             | X           |               |                  | X          |                  | X            | X             |
| Hashbrown Casserole   |                            |                |                         |             | X           |               |                  | X          |                  | X            | X             |
| Loaded Hashbrown Casserole  |                            | Y              |                         |             | X           |               |                  | X          |                  | X            | X             |
| Southwest Loaded Hashbrown Casserole (regional)                                   |                            | Y              |                         |             | X           |               |                  | X          |                  | X            | X             |
| Fried Apples  |                            |                |                         |             |             |               |                  |            |                  |              |               |
| Country Ham n' Biscuit  |                            | Y              |                         |             | X           |               |                  | X          |                  | X            | X             |
| Sausage n' Biscuit  |                            | Y              |                         |             | X           |               |                  | X          |                  | X            | X             |
| Hashbrown Casserole, Fried Apples n' Biscuit                                      |                            |                |                         |             | X           |               |                  | X          |                  | X            | X             |
| Two Eggs n' Biscuit   |                            | Y              | X                       |             | X           |               |                  | X          |                  | X            | X             |
| Fresh Seasonal Fruit  |                            |                |                         |             |             |               |                  |            |                  |              |               |
| Two Farm Fresh Eggs   |                            | Y              | X                       |             |             |               |                  | X          |                  |              |               |
| Egg Whites  |                            | Y              | X                       |             |             |               |                  | X          |                  |              |               |
| Coarse Ground Grits   |                            |                |                         |             |             |               |                  | X          |                  |              |               |
| Multigrain Toast  |                            |                |                         |             |             |               |                  |            |                  | X            | X             |
| Hatch Valley Green Chiles (regional)  |                            |                |                         |             |             |               |                  |            |                  |              |               |
| <b>Sweet Toppings</b>   |                            |                |                         |             |             |               |                  |            |                  |              |               |
| 100% Pure Natural Syrup   |                            |                |                         |             |             |               |                  |            |                  |              |               |
| Our Blueberry Syrup   |                            |                |                         |             |             |               |                  |            |                  |              |               |
| Sugar-Free Syrup  |                            |                |                         |             |             |               |                  |            |                  |              |               |
| Low-Sugar Fruit Spread  |                            |                |                         |             |             |               |                  |            |                  |              |               |
| Sweet Blackberry (Warm Fruit & Whipped Topping)                                   |                            |                |                         |             | X           |               |                  | X          |                  |              |               |
| Country Peach (Warm Fruit & Whipped Topping)                                      |                            |                |                         |             | X           |               |                  | X          |                  |              |               |
| Cinnamon Spiced Apple (Warm Fruit & Whipped Topping)                              |                            |                |                         |             | X           |               |                  | X          |                  |              |               |

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| Lunch/Dinner Menu   |                     |          |                  |      |      |        |           |     |           |       |        |
|---|---------------------|----------|------------------|------|------|--------|-----------|-----|-----------|-------|--------|
| <b>Y - potential risk of cross-contact to all allergens due to cooking method</b> | Preparation         |          | Common Allergies |      |      |        |           |     |           |       |        |
| <b>X - Menu item contains specific allergen</b>                                   | Fried (Soybean Oil) | Grilled  | Egg              | Fish | Milk | Peanut | Shellfish | Soy | Tree Nuts | Wheat | Gluten |
| <b>Daily Dinner Features Under \$10</b>   |                     |          |                  |      |      |        |           |     |           |       |        |
| Monday Chicken n' Dumplins  |                     |          |                  |      | X    |        |           | X   |           | X     | X      |
| Tuesday Meatloaf  |                     |          | X                |      |      |        |           | X   |           | X     | X      |
| Wednesday Broccoli Cheddar Chicken  |                     |          |                  |      | X    |        |           | X   |           | X     | X      |
| Thursday Turkey n' Dressing   |                     |          | X                |      | X    |        |           | X   |           | X     | X      |
| Friday Fish Fry   | <b>Y</b>            |          |                  | X    |      |        |           | X   |           | X     | X      |
| Saturday Fried Pork Chops   | <b>Y</b>            |          |                  |      | X    |        |           | X   |           | X     | X      |
| Sunday Pot Roast Supper   |                     |          |                  |      | X    |        |           | X   |           | X     | X      |
| <b>Barrel Bites</b>   |                     |          |                  |      |      |        |           |     |           |       |        |
| Biscuit Beignets  | <b>Y</b>            |          |                  |      | X    |        |           |     |           | X     | X      |
| *with Butter Pecan Syrup  |                     |          |                  |      | X    |        |           | X   |           |       |        |
| Loaded Hashbrown Casserole Tots   | <b>Y</b>            |          |                  |      | X    |        |           | X   |           | X     | X      |
| *with Buttermilk Ranch  |                     |          | X                |      | X    |        |           |     |           |       |        |
| <b>Cracker Barrel Favorites</b>   |                     |          |                  |      |      |        |           |     |           |       |        |
| Country Fried Steak (plain)   | <b>Y</b>            |          | X                |      | X    |        |           |     |           | X     | X      |
| *with Sawmill Gravy   |                     |          |                  |      | X    |        |           | X   |           | X     | X      |
| Meatloaf  |                     |          | X                |      |      |        |           | X   |           | X     | X      |
| Roast Beef  |                     |          |                  |      |      |        |           | X   |           | X     | X      |
| Chicken n' Dumplins   |                     |          |                  |      | X    |        |           | X   |           | X     | X      |
| Chicken Fried Chicken (Homestyle Chicken with Sawmill Gravy)                      | <b>Y</b>            |          | X                |      | X    |        |           | X   |           | X     | X      |
| Grilled Chicken Tenders   |                     | <b>Y</b> |                  |      |      |        |           | X   |           |       |        |
| Hand-breaded Chicken Tenders (choice of dipping sauce below)                      | <b>Y</b>            |          | X                |      | X    |        |           | X   |           | X     | X      |
| Dill Pickle Ranch   |                     |          | X                |      | X    |        |           |     |           |       |        |
| Honey Mustard   |                     |          | X                |      |      |        |           |     |           |       |        |
| BBQ Sauce   |                     |          |                  |      |      |        |           | X   |           |       |        |
| Sugar Cured Ham   |                     | <b>Y</b> |                  |      |      |        |           | X   |           |       |        |
| Hickory-Smoked Country Ham  |                     | <b>Y</b> |                  |      |      |        |           |     |           |       |        |
| U.S. Farm-raised Catfish (grilled)  |                     | <b>Y</b> |                  | X    |      |        |           | X   |           |       |        |
| U.S. Farm-raised Catfish (fried)  | <b>Y</b>            |          |                  | X    |      |        |           |     |           |       |        |
| Barrel-cut Sugar Ham  |                     | <b>Y</b> |                  |      |      |        |           | X   |           |       |        |
| Cracker Barrel Sampler (see menu item choices for allergen information)           |                     |          |                  |      |      |        |           |     |           |       |        |
| <b>Signature Fried Chicken</b>  |                     |          |                  |      |      |        |           |     |           |       |        |
| Southern Fried Chicken  | <b>Y</b>            |          |                  |      |      |        |           |     |           | X     | X      |
| Sunday Homestyle Chicken®   | <b>Y</b>            |          | X                |      | X    |        |           | X   |           | X     | X      |
| Tossed Hand-breaded Chicken Tenders (Maple Bacon Glaze)                           | <b>Y</b>            |          | X                |      | X    |        |           | X   |           | X     | X      |
| *with Ranch Dipping Sauce   |                     |          | X                |      | X    |        |           |     |           |       |        |

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| <b>Y - potential risk of cross-contact to all allergens due to cooking method</b> | <b>Preparation</b>         |                | <b>Common Allergies</b> |             |             |               |                  |            |                  |              |               |
|---|----------------------------|----------------|-------------------------|-------------|-------------|---------------|------------------|------------|------------------|--------------|---------------|
|   | <b>Fried (Soybean Oil)</b> | <b>Grilled</b> | <b>Egg</b>              | <b>Fish</b> | <b>Milk</b> | <b>Peanut</b> | <b>Shellfish</b> | <b>Soy</b> | <b>Tree Nuts</b> | <b>Wheat</b> | <b>Gluten</b> |
| <b>X - Menu item contains specific allergen</b>                                   |                            |                |                         |             |             |               |                  |            |                  |              |               |
| <b>Home Cooked Classics</b>   |                            |                |                         |             |             |               |                  |            |                  |              |               |
| Monday Maple Bacon Grilled Chicken  |                            | Y              | X                       |             | X           |               |                  | X          |                  |              |               |
| Hamburger Steak (seasoned with garlic butter)                                     |                            | Y              |                         |             | X           |               |                  | X          |                  | X            | X             |
| Hamburger Steak: Smothered with Onions and Roast Beef Gravy                       |                            | Y              |                         |             | X           |               |                  | X          |                  | X            | X             |
| Chicken Pot Pie   |                            |                | X                       |             | X           |               |                  | X          |                  | X            | X             |
| U.S. Farm-raised Catfish (grilled)  |                            | Y              |                         | X           |             |               |                  | X          |                  |              |               |
| U.S. Farm-raised Catfish (fried)  | Y                          |                |                         | X           |             |               |                  |            |                  |              |               |
| Country Vegetable Plate (see Vegetables n' Sides)                                 |                            |                |                         |             |             |               |                  |            |                  |              |               |
| <b>Southern Suppers</b>   |                            |                |                         |             |             |               |                  |            |                  |              |               |
| Grilled Sirloin Steak (seasoned with garlic butter)                               |                            | Y              |                         |             | X           |               |                  | X          |                  | X            | X             |
| Lemon Pepper Grilled Rainbow Trout  |                            | Y              |                         | X           |             |               |                  | X          |                  |              |               |
| Country Fried Shrimp (with hushpuppies and tartar sauce)                          | Y                          |                | X                       | X           | X           |               | X                | X          |                  | X            | X             |
| Bowl of Pinto Beans   |                            |                |                         |             |             |               |                  |            |                  |              |               |
| Bowl of Turnip Greens (egg wedge garnish with greens)                             |                            |                | X                       |             |             |               |                  |            |                  |              |               |
| Beans n' Greens (egg wedge garnish with greens)                                   |                            |                | X                       |             |             |               |                  |            |                  |              |               |
| Chili Jack Chicken (regional)   |                            | Y              |                         |             | X           |               |                  |            |                  |              |               |
| <b>Vegetables n' Sides</b>  |                            |                |                         |             |             |               |                  |            |                  |              |               |
| <b>Bread Choice</b>   |                            |                |                         |             |             |               |                  |            |                  |              |               |
| Buttermilk Biscuits   |                            |                |                         |             | X           |               |                  | X          |                  | X            | X             |
| Corn Muffins  |                            |                | X                       |             | X           |               |                  | X          |                  | X            | X             |
| <b>Country Sides</b>  |                            |                |                         |             |             |               |                  |            |                  |              |               |
| Hashbrown Casserole   |                            |                |                         |             | X           |               |                  | X          |                  | X            | X             |
| Mashed Potatoes   |                            |                |                         |             | X           |               |                  | X          |                  |              |               |
| Steak Fries   | Y                          |                |                         |             |             |               |                  |            |                  |              |               |
| Macaroni n' Cheese  |                            |                |                         |             | X           |               |                  | X          |                  | X            | X             |
| Dumplings   |                            |                |                         |             | X           |               |                  | X          |                  | X            | X             |
| Breaded Fried Okra  | Y                          |                |                         |             |             |               |                  |            |                  | X            | X             |
| Sweet Whole Baby Carrots  |                            |                |                         |             |             |               |                  | X          |                  |              |               |
| Whole Kernel Corn   |                            |                |                         |             |             |               |                  | X          |                  |              |               |
| Pinto Beans   |                            |                |                         |             |             |               |                  |            |                  |              |               |
| Country Green Beans   |                            |                |                         |             |             |               |                  |            |                  |              |               |
| Fresh Steamed Broccoli  |                            |                |                         |             |             |               |                  | X          |                  | X            | X             |
| Turnip Greens   |                            |                |                         |             |             |               |                  |            |                  |              |               |
| Cole Slaw   |                            |                | X                       |             |             |               |                  | X          |                  |              |               |
| Fresh Seasonal Fruit  |                            |                |                         |             |             |               |                  |            |                  |              |               |
| Fried Apples  |                            |                |                         |             |             |               |                  |            |                  |              |               |

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| <b>Y - potential risk of cross-contact to all allergens due to cooking method</b> | <b>Preparation</b>         |                | <b>Common Allergies</b> |             |             |               |                  |            |                  |              |               |
|---|----------------------------|----------------|-------------------------|-------------|-------------|---------------|------------------|------------|------------------|--------------|---------------|
|   | <b>Fried (Soybean Oil)</b> | <b>Grilled</b> | <b>Egg</b>              | <b>Fish</b> | <b>Milk</b> | <b>Peanut</b> | <b>Shellfish</b> | <b>Soy</b> | <b>Tree Nuts</b> | <b>Wheat</b> | <b>Gluten</b> |
| <b>X - Menu item contains specific allergen</b>                                   |                            |                |                         |             |             |               |                  |            |                  |              |               |
| <b>Vegetables n' Sides (continued)</b>  |                            |                |                         |             |             |               |                  |            |                  |              |               |
| <b>Premium Sides</b>  |                            |                |                         |             |             |               |                  |            |                  |              |               |
| Loaded Baked Sweet Potato <i>contains pecans</i>                                  |                            |                |                         |             | X           |               |                  | X          | X                |              |               |
| Loaded Baked Potato   |                            |                |                         |             | X           |               |                  |            |                  |              |               |
| Hashbrown Casserole Tots  | Y                          |                |                         |             | X           |               |                  | X          |                  | X            | X             |
| Bacon Macaroni n' Cheese  |                            |                |                         |             | X           |               |                  | X          |                  | X            | X             |
| Loaded Hashbrown Casserole  |                            | Y              |                         |             | X           |               |                  | X          |                  | X            | X             |
| <b>Weekday Lunch Features</b>   |                            |                |                         |             |             |               |                  |            |                  |              |               |
| Monday Chicken n' Dumplings   |                            |                |                         |             | X           |               |                  | X          |                  | X            | X             |
| Tuesday Meatloaf  |                            |                | X                       |             |             |               |                  | X          |                  | X            | X             |
| Wednesday Broccoli Cheddar Chicken  |                            |                |                         |             | X           |               |                  | X          |                  | X            | X             |
| Thursday Turkey n' Dressing   |                            |                | X                       |             | X           |               |                  | X          |                  | X            | X             |
| <b>Monday-Friday Pick 2 Country Combos</b>  |                            |                |                         |             |             |               |                  |            |                  |              |               |
| Country House Salad with Grilled Chicken  |                            | Y              |                         |             |             |               |                  |            |                  |              |               |
| Loaded Baked Potato   |                            |                |                         |             | X           |               |                  |            |                  |              |               |
| Loaded Baked Sweet Potato <i>contains pecans</i>                                  |                            |                |                         |             | X           |               |                  | X          | X                |              |               |
| <b>Country Salads</b>   |                            |                |                         |             |             |               |                  |            |                  |              |               |
| Homestyle Chicken Salad (grilled Smoky Southern Chicken Breast)                   |                            | Y              | X                       |             | X           |               |                  | X          |                  | X            | X             |
| Homestyle Chicken Salad (Sunday Homestyle Chicken® Breast)                        | Y                          |                | X                       |             | X           |               |                  | X          |                  | X            | X             |
| Chef Salad  |                            |                | X                       |             | X           |               |                  | X          |                  | X            | X             |
| House Salad   |                            |                |                         |             | X           |               |                  |            |                  | X            | X             |
| <b>Sandwich n' Burger Platters</b>  |                            |                |                         |             |             |               |                  |            |                  |              |               |
| Homestyle Chicken BLT (grilled Smoky Southern Chicken Breast)                     |                            | Y              | X                       |             |             |               |                  |            |                  | X            | X             |
| Homestyle Chicken BLT (Sunday Homestyle Chicken® Breast)                          | Y                          |                | X                       |             | X           |               |                  | X          |                  | X            | X             |
| The Barrel Cheeseburger   |                            | Y              | X                       |             | X           |               |                  | X          |                  | X            | X             |
| Chile Jack Chicken (regional)   |                            | Y              | X                       |             | X           |               |                  |            |                  | X            | X             |

Our normal kitchen operations involve shared preparation and cooking areas, including common fryer oil; therefore, cross-contact of all our menu items is possible.



| <b>Y - potential risk of cross-contact to all allergens due to cooking method</b> | <b>Preparation</b>         |                | <b>Common Allergies</b> |             |             |               |                  |            |                  |              |               |
|---|----------------------------|----------------|-------------------------|-------------|-------------|---------------|------------------|------------|------------------|--------------|---------------|
|   | <b>Fried (Soybean Oil)</b> | <b>Grilled</b> | <b>Egg</b>              | <b>Fish</b> | <b>Milk</b> | <b>Peanut</b> | <b>Shellfish</b> | <b>Soy</b> | <b>Tree Nuts</b> | <b>Wheat</b> | <b>Gluten</b> |
| <b>X - Menu item contains specific allergen</b>                                   |                            |                |                         |             |             |               |                  |            |                  |              |               |
| <b>Salad Dressings</b>  |                            |                |                         |             |             |               |                  |            |                  |              |               |
| Balsamic Herb Vinaigrette   |                            |                |                         |             |             |               |                  |            |                  |              |               |
| Blue Cheese   |                            |                | X                       |             | X           |               |                  |            |                  |              |               |
| Buttermilk Ranch  |                            |                | X                       |             | X           |               |                  |            |                  |              |               |
| Honey Mustard   |                            |                | X                       |             |             |               |                  |            |                  |              |               |
| Dill Pickle Ranch   |                            |                | X                       |             | X           |               |                  |            |                  |              |               |
| <b>Hot Soups</b>  |                            |                |                         |             |             |               |                  |            |                  |              |               |
| Beef n' Noodle Soup   |                            |                | X                       |             | X           |               |                  | X          |                  | X            | X             |
| Chicken Noodle Soup   |                            |                | X                       |             | X           |               |                  | X          |                  | X            | X             |
| Chili   |                            |                | X                       |             | X           |               |                  | X          |                  | X            | X             |
| Clam Chowder  |                            |                |                         |             | X           |               | X                | X          |                  | X            | X             |
| Potato Soup   |                            |                |                         |             | X           |               |                  | X          |                  | X            | X             |
| Turkey Noodle Soup  |                            |                | X                       |             | X           |               |                  | X          |                  | X            | X             |
| Vegetable Soup  |                            |                |                         |             | X           |               |                  | X          |                  | X            | X             |
| Pot Roast Soup  |                            |                |                         |             | X           |               |                  | X          |                  | X            | X             |
| <b>Kid's Lunch/Dinner Menu</b>  |                            |                |                         |             |             |               |                  |            |                  |              |               |
| Lil' Barrel Cheeseburgers   |                            | Y              |                         |             | X           |               |                  |            |                  | X            | X             |
| Grilled Cheese Sandwich   |                            | Y              |                         |             | X           |               |                  | X          |                  | X            | X             |
| Grilled Chicken Tenders   |                            | Y              |                         |             |             |               |                  | X          |                  |              |               |
| Hand-breaded Fried Chicken Tenders  | Y                          |                | X                       |             | X           |               |                  | X          |                  | X            | X             |
| BBQ Sauce   |                            |                |                         |             |             |               |                  | X          |                  |              |               |
| Dill Pickle Ranch   |                            |                | X                       |             | X           |               |                  |            |                  |              |               |
| Honey Mustard Sauce   |                            |                | X                       |             |             |               |                  |            |                  |              |               |
| Macaroni n' Cheese  |                            |                |                         |             | X           |               |                  | X          |                  | X            | X             |
| Country Vegetable Plate (see Vegetables n' Sides)                                 |                            |                |                         |             |             |               |                  |            |                  |              |               |
| Crispy Rockin' Shrimp   | Y                          |                | X                       | X           | X           |               | X                | X          |                  | X            | X             |
| Tater Rounds  | Y                          |                |                         |             |             |               |                  |            |                  |              |               |
| Dirt Cup Dessert  |                            |                |                         |             | X           |               |                  | X          |                  | X            | X             |

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| <b>Y - potential risk of cross-contact to all allergens due to cooking method</b>   | <b>Preparation</b>         |                | <b>Common Allergies</b> |             |             |               |                  |            |                  |              |               |
|---|----------------------------|----------------|-------------------------|-------------|-------------|---------------|------------------|------------|------------------|--------------|---------------|
| <b>X - Menu item contains specific allergen</b>   | <b>Fried (Soybean Oil)</b> | <b>Grilled</b> | <b>Egg</b>              | <b>Fish</b> | <b>Milk</b> | <b>Peanut</b> | <b>Shellfish</b> | <b>Soy</b> | <b>Tree Nuts</b> | <b>Wheat</b> | <b>Gluten</b> |
| <b>Crafted Coffee (Iced or Hot)</b>   |                            |                |                         |             |             |               |                  |            |                  |              |               |
| Latte, regular  |                            |                |                         |             | X           |               |                  |            |                  |              |               |
| Vanilla Latte   |                            |                |                         |             | X           |               |                  |            |                  |              |               |
| Caramel Latte   |                            |                |                         |             | X           |               |                  |            |                  |              |               |
| Mocha   |                            |                |                         |             | X           |               |                  |            |                  |              |               |
| <b>Iced Tea n' Beverages</b>  |                            |                |                         |             |             |               |                  |            |                  |              |               |
| Unsweetened Iced Tea  |                            |                |                         |             |             |               |                  |            |                  |              |               |
| Sweetened Iced Tea  |                            |                |                         |             |             |               |                  |            |                  |              |               |
| Lemonade  |                            |                |                         |             |             |               |                  |            |                  |              |               |
| Hot Chocolate   |                            |                |                         |             | X           |               |                  |            |                  |              |               |
| Milk (skim, reduced fat, whole, chocolate)  |                            |                |                         |             | X           |               |                  |            |                  |              |               |
| Orange Juice  |                            |                |                         |             |             |               |                  |            |                  |              |               |
| Apple Juice   |                            |                |                         |             |             |               |                  |            |                  |              |               |
| Soft Drinks (Cocoa-Cola®, Sprite, Mello Yello, Dr. Pepper, Diet Coke, Cocoa-Cola® Zero Sugar, Cocoa-Cola® Cherry, Seagram's Ginger Ale) |                            |                |                         |             |             |               |                  |            |                  |              |               |
| Stewart's Bottled Soda Root Beer  |                            |                |                         |             |             |               |                  |            |                  |              |               |
| Coffee (decaf or regular)   |                            |                |                         |             |             |               |                  |            |                  |              |               |
| Hot Tea (Twinings® of London)   |                            |                |                         |             |             |               |                  |            |                  |              |               |
| <b>Desserts</b>   |                            |                |                         |             |             |               |                  |            |                  |              |               |
| Blackberry Cobbler (includes one scoop of ice cream)  |                            |                |                         |             | X           |               |                  | X          |                  | X            | X             |
| Peach Cobbler (includes one scoop of ice cream)   |                            |                |                         |             | X           |               |                  | X          |                  | X            | X             |
| Double Fudge Coca-Cola® Cake (includes one scoop of ice cream)  |                            |                | X                       |             | X           |               |                  | X          |                  | X            | X             |

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# MENU GUIDANCE

## FOR GUESTS WITH FOOD ALLERGIES

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